

## Police response to a mass casualty event – First Responder

A Programme aimed at increasing awareness and providing key skills required of First Responders in the stressful and challenging environment of the critical initial moments of a mass casualty event.

# Sunday 13<sup>th</sup> October 2019

Arrival of participants at Dublin Airport, meet and greet, and informal evening meal in Dublin City.

### Monday 14<sup>th</sup> October 2019

### An overview of current trends in mass casualty events in Europe

The participants will be provided with an overview of the current trends experienced in Europe following a number of mass casualty/terror attacks involving active shooters, hostile vehicle attacks, and so called 'lone wolf' attacks.

#### *Tuesday* 15<sup>th</sup> October 2019

#### First Responder Toolkit – Preparation is Key

The participants will be provided with an overview of the types of both equipment and training that a Police First Responder should possess, so that he/she is best prepared for a mass casualty event. Issues such as communication, placement of equipment, routine, education, will all be discussed.

### Wednesday 16<sup>th</sup> October 2019

#### Tactical First Aid – Fighting for your life and theirs

The participants will be provided with some basic skills in tactical first aid, such as scene awareness, triage, massive bleed casualties, etc. This will be a very practical aspect of the Programme with valuable learning outcomes.

#### *Thursday* 17<sup>th</sup> October 2019

#### Keeping a Cool Head – Managing yourself in the stressful situation

The participants will hear from an expert in the area of stress management, with a particular focus on preparing your mind to deal with a mass casualty event, allowing you to focus on your key tasks in the critical first moments...and how to deal with the aftermath.

#### **Mass Casualty Event Simulation Exercise**

The participants will be put to the test and will be placed in a simulated mass casualty event scenario. This will provide an opportunity to test the skills of those present, demonstrate the differing practices from each jurisdiction, and there will be a hot de-brief afterwards.

#### Friday 18<sup>th</sup> October 2019

#### Demonstration of Capabilities – An Garda Síochána

The participants will be afforded the opportunity to visit a number of key specialist units in An Garda Síochána who will briefly demonstrate their equipment and capabilities in dealing with a mass casualty event, as well having the opportunity to share experiences with practitioners on the ground.

Afternoon Visit to Garda Headquarters to meet Garda Commissioner. It is requested that each participant bring their official uniform to this event for the Official Programme Photograph.

#### Notes:

- 1. The above programme is provisional and subject to change at short notice for operational reasons.
- 2. The Programme will be conducted in English and all participants are expected to have a good command of English.
- 3. There will also be a Social Programme each evening for participants which will include a visit to The Guinness Storehouse, a local Distillery, and a number of local police related attractions.
- 4. Each participant will be provided with accommodation on a shared basis. Should a participant require a single room, an additional charge will apply.
- 5. Buffet breakfast, lunch, and evening meals will be provided to each participant, including tea/coffee, water.
- 6. Each participant is required to wear civilian attire for the duration of the Programme, with the exception of the official visit to Garda Headquarters as outlined above.

#### Programme Cost:

To include accommodation for five (5) nights on a shared basis, transfers to and from Dublin Airport, all meals, and Programme registration fees - €350.